Know Your Rights in the Workplace: COVID-19
Updated May 14, 2020

Connecticut has declared a public health and civil preparedness state of emergency related to COVID-19. For up to date alerts and information, please visit https://portal.ct.gov/coronavirus.

If you have a question that is not addressed on the website, call 2-1-1 for further assistance. The information line is available 24 hours a day and includes multilingual assistance and TDD/TTY access.

During this time, it’s critical that every worker in our state knows their rights in the workplace. If you or someone you know need assistance, call CWEALF’s free Legal Education Information & Referral line: 860-524-0601 or email. ¡Se habla español!

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For general questions/information: contact cwealf@cwealf.org
### What Programs are Available to Me?

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<tr>
<th>Program</th>
<th>Size of Employer</th>
<th>Eligibility</th>
<th>Situation</th>
<th>Benefit</th>
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<tbody>
<tr>
<td><strong>Connecticut Unemployment Insurance (UI)</strong></td>
<td>N/A</td>
<td>Workers of all employer sizes are eligible to file for Unemployment Insurance. During this time, DOL also asks contractors and self-employed workers (who are normally not eligible for UI) to file a claim and they will make a determination based on eligibility. An individual must be physically and mentally able for full time work and ready to return to work in order to qualify for unemployment benefits, unless the individual has a note from a physician stating that the individual is only available for part time work. If you are laid off, quarantined, furloughed, or are taking care of yourself or your family members because of COVID-19. Unemployment Insurance can be temporarily used during this time. The requirement to look for work has been temporarily waived.</td>
<td>Benefits are typically determined by the amount of wages earned during the base period, which is based on the first four of the last five completed quarters. In most cases, workers can collect benefits for 26 weeks. The amount of benefits workers receive each week is calculated based on 1/26 of the average total wages paid during the two highest quarters in the base period.</td>
<td>For more information, click here (page 8-9)</td>
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<td><strong>Coronavirus Aid, Relief, and Economic Security (CARES) Act - Federal Pandemic Unemployment Compensation (FPUC)</strong></td>
<td>N/A</td>
<td>FPUC is a federal emergency $600 per week increase in UI benefits for individuals who already receive UI benefits. CTDOL began to process FPUC benefits on April 27, 2020. If you qualify for unemployment benefits, you will qualify for FPUC as well. You will not have to apply separately for FPUC, instead, you will automatically qualify for the program.</td>
<td>FPUC will grant eligible workers with an additional $600 per week. Once workers begin to receive increased weekly payments, they can expect a lump sum payment with all retroactive weeks within the next two weeks. Retroactive payments will date back to all eligible weeks that were filed since March 29,</td>
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<tr>
<td><strong>Coronavirus Aid, Relief, and Economic Security (CARES) Act</strong></td>
<td>N/A</td>
<td>Workers who are typically ineligible for state UI benefits may be eligible to receive Pandemic Unemployment Assistance (PUA) under the CARES Act. This includes workers who lack an extensive enough history, gig workers, freelancers, independent contractors, or people who are looking for part-time work. PUA also covers workers who have exhausted their UI benefits. PUA applications and further instructions and information on the program are available via <a href="http://www.ctdol.state.ct.us/PUA/filePUA.htm">http://www.ctdol.state.ct.us/PUA/filePUA.htm</a></td>
<td>Provides federally funded unemployment benefits to many workers who lose their jobs but are ineligible for the state’s regular UI program. This program is available to workers who have lost their jobs due to COVID-19. Workers can receive up to 39 weeks of PUA benefits. This program is only in effect through December 31, 2020. PUA provides a $600 per week, federally funded benefit increase through July 31, 2020 for recipients of PUA or regular UI. These payments are taxable and the program will run from February 2, 2020 to December 26, 2020. ** The CARES Act also extends the maximum number of weeks of regular UI benefits through Pandemic Emergency Unemployment Compensation (PEUC). For workers who are eligible for UI, states will provide an additional 13 weeks of federally funded PEUC extended benefits. Once workers have used up those 13 weeks, they can use PUA benefits for as long as the program is in place. PEUC will be available to workers in the near future.</td>
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<tr>
<td><strong>Paid Sick Leave</strong></td>
<td>50+ employees</td>
<td><strong>Service workers</strong> that are paid on an hourly basis or if you become sick with a <strong>short term</strong> illness or if eligible workers accrue 1 hour of</td>
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are not exempt from minimum wage and overtime requirements.

To see a full list of what is considered a service worker, [click here](#) (starts on slide 7)

| **Family & Medical Leave Act (FMLA) - federal unpaid leave** | 50+ employees | Employees who have worked for their employer for **at least 12 months** and have worked at least **1,250 hours** during that time. | To recover from **longer term** illnesses or surgery, to care for an ill loved one with a serious illness, or to welcome a new child. | Provides up to **12 weeks** of unpaid, job protected leave in a 12 month period |
| **Family & Medical Leave Act (FMLA) - state unpaid leave** | 75+ employees | Employees who have worked for their employer for **at least 12 months** and **1,000 hours** during that time. | To recover from **longer term** illnesses or surgery, to care for an ill loved one with a serious illness, or to welcome a new child. | Provides up to **16 weeks** of unpaid, job protected leave in a 2 year period |
| **Families First Coronavirus Response Act (FFCRA)** | Less than 500 employees | Emergency paid sick leave is available for **immediate use** by the employee, regardless of how long the individual has been employed by the employer. Public health emergency leave is available for employees who have been employed for **at least 30 calendar days**. | Employees can take emergency paid sick leave to obtain a medical diagnosis or care if they are experiencing COVID-19 symptoms; to care for a family member who is self-isolating because of diagnosis or symptoms; to care for a child if their school or place of daycare is closed; or if they are experiencing any other substantially similar condition to COVID-19. Workers can utilize public health emergency leave if they are unable to work (or tele work) to care for a child under the age of 18 if the | Workers are eligible for up to **80 hours (10 work days)** of emergency paid sick leave. Workers using emergency paid sick leave will receive either their full paycheck or 2/3 of their paycheck depending on their reason for leave. Workers are eligible for up to **12 weeks** of public health emergency leave and will receive ⅔ of their weekly earnings. Note: the first 10 days of public health |
**Note: your employer may provide their own short-term disability leave or other form of paid time off. We recommend you check with your employer, HR department or employee manual for more information on what is available to you.**

**Connecticut Law: Unemployment Insurance, Paid Sick Leave, FMLA**

1. **Unemployment Insurance (UI)**

Connecticut has waived work-search requirements for unemployment claimants during the COVID-19 public health crisis. Employees that are furloughed, laid off, quarantined, or taking care of themselves or their family members because they are sick, can possibly apply for unemployment insurance. Make sure to check your emails (including your spam and junk folders) for messages from DOL with instructions on how to file weekly claims. *For information regarding federal expansion to Unemployment Insurance through the CARES Act, please see page 9.*

*Note: school employees who might otherwise be ineligible for unemployment during school breaks or summer vacation are eligible for UI if they are furloughed or laid off because of school closings.*

More information:
- [To file an unemployment insurance claim.](http://example.com)
- [To learn how to apply for unemployment insurance, whether you are eligible for the program and more information specific to COVID-19.](http://example.com)
- [For additional information about unemployment insurance.](http://example.com)

2. **Paid Sick Leave**

Eligible workers can take paid sick days to recover from a short-term illness or to care for a sick child or spouse. Workers can also use paid sick days to access preventive care, or seek assistance related to family violence or sexual assault.

**Who can take paid sick leave & how much?**

- Connecticut's paid sick leave law applies to workplaces with 50 or more service workers. The law provides a detailed definition of “service worker”, which also includes those who are paid on an hourly basis or are not exempt from minimum wage and overtime requirements.
- The statute provides a comprehensive list of classifications that qualify as service workers and additional occupations and descriptions are provided on the [Bureau of Labor Statistics website](http://example.com). Service workers do not include day or temporary workers, or individuals that work on a per diem, irregular, or occasional basis. For example, the definition of service worker includes a local librarian; however, someone who works at a small tech firm with 15 employees is likely not covered.
- Paid sick leave is accrued on an annual basis. Employees accrue 1 hour of paid sick leave for every 40 hours worked, (not including vacation, sick time or any other leave) with a maximum of 40 hours (5 days) per year.

**How much money will workers receive while taking paid sick leave?**

- Employers must pay service workers for paid sick leave the hourly wage for their job, or the minimum fair wage rate in effect for the pay period during which the employee used paid sick leave. Overtime
and commissions are not included as “normal hourly wage.” Service workers who earn tip credit are paid minimum wage for any paid sick leave hours used.

- Note: your employer may provide their own short-term disability leave or other form of paid time off. We recommend you check with your employer, HR department or employee manual for more information on what is available to you.

For additional information and resources on the law, click here.

3. Family and Medical Leave Act (Connecticut & Federal)
Workers might also be eligible for unpaid, job protected leave through the Connecticut and federal Family and Medical Leave Act (FMLA) to recover from longer term illnesses or surgery, to care for an ill loved one with a serious illness, or to welcome a new child.

Who can take unpaid family and medical leave & how much?
- Federal FMLA applies to all employers with 50 or more employees. Federal FMLA provides eligible workers up to 12 weeks of leave during a 12 month period. Workers are eligible for federal FMLA if they’ve worked at their employer for at least for 12 months and have worked at least 1,250 hours.
- Connecticut FMLA applies to employers with 75 or more employees. Under Connecticut's FMLA, workers can take up to 16 weeks of leave within a two year period. Workers are eligible if they’ve worked for their employer for at least 12 months and 1,000 hours.
- If you are eligible for both programs, the general rule is to follow the program that is more favorable to the employee.

How much money will workers receive while taking unpaid leave?
- Both Connecticut & federal FMLA provide unpaid leave; however, workers are entitled upon return from leave to be restored to their job position or to an equivalent position with equivalent employment benefits, pay, and other terms/conditions of employment.
- Note: your employer may provide their own short-term disability leave or other form of paid time off. We recommend you check with your employer, HR department or employee manual for more information on what is available to you.

For additional information and resources on FMLA, click here.

Paid Family and Medical Leave
In 2019, Connecticut passed P.A. 19-25 to create a paid family and medical leave system; however, workers will not begin to receive paid leave benefits until January 2022. Payroll contributions to the program will begin in January 2021. Similar to FMLA, workers will utilize paid family and medical leave to recover from serious chronic or long-term illnesses, to care for a seriously ill loved one, or welcome a child. For more information on Connecticut’s upcoming paid family and medical leave program, click here.

Federal Law: Families First Coronavirus Response Act (FFCRA)
The Families First Coronavirus Response Act (H.R. 6201) will take effect on April 2, 2020 and sunset on December 31, 2020. The law includes emergency paid sick leave and public health emergency leave.

Emergency Paid Sick Leave:
Employees can utilize emergency paid sick leave to obtain a medical diagnosis or care if they are experiencing COVID-19 symptoms; to comply with a recommendation from a public health official; to care for a family member who is self-isolating because of diagnosis or symptoms; to care for a child if their school or place of daycare is closed; or if they are experiencing any other substantially similar condition to COVID-19.
Who can take emergency paid sick leave & how much?
- Employees who work for an employer of 500 or less are eligible for up to 80 hours (10 work days) of emergency paid sick leave to deal with COVID-19.
- Emergency paid sick leave is available for immediate use by the employee, regardless of how long the individual has been employed by the employer.
- An employer of a worker who is a health care provider or an emergency responder may elect to exclude such worker from these emergency paid sick leave requirements.
- Businesses with less than 50 employees may apply to the federal Department of Labor to be exempt from the law due to hardship.

How much money will workers receive while taking emergency paid sick leave?
Workers using emergency paid sick leave must be paid the greater of: their regular rate of pay; the federal minimum wage; a state minimum wage where they are employed; or a local minimum wage where they are employed. Wage replacement is capped at $511 per day and $5,110 total. Workers who utilize emergency paid sick leave to care for a family member, to care for a child who’s school or daycare is closed due to COVID-19, or if they are experiencing substantially similar symptoms to COVID-19 will receive ⅔ of this amount, capped at $200 per day and $2,000 total.

Emergency Family & Medical Leave Expansion:
FFCRA amends the federal Family and Medical Leave Act (FMLA) to include paid leave related to the COVID-19 public health emergency. Workers can access emergency public health emergency leave only if they are unable to work (or telework) due to a need for leave to care for a child under the age of 18 if the school or place of care is closed due to COVID-19.

Who can take public health emergency leave & how much?
- Employees who work for an employer of 500 or less who have been employed for at least 30 calendar days can take public health emergency leave. An employer of a worker who is a health care provider or an emergency responder may elect to exclude that worker from public health emergency leave as provided in the FFCRA.
- Businesses with less than 50 employees may apply to the federal Department of Labor to be exempt from the law due to hardship.
- Workers are eligible for up to 12 weeks of leave for purposes outlined in the FFCRA.

Is a worker's job protected while they are out on public health emergency leave?
- Job protection is included for workers who utilize public health emergency leave; however, an employer with less than 25 employees does not have to restore a worker who took public health emergency leave to their position if all of the following apply:
  - The position held by the worker when the leave began no longer exists due to changes in economic/operating conditions caused by COVID-19;
  - The employer made a reasonable effort to restore the employee to an equivalent position with equivalent benefits, pay, and employment terms/conditions; and
  - The reasonable effort to restore the worker fails, the employer makes reasonable efforts for a period of 1-year to contact the individual if an equivalent position becomes available.

How much money will workers receive while taking public health emergency leave?
- The first 10 days of public health emergency leave may be unpaid. During these 10 days, an employee may elect to substitute any accrued vacation, personal, medical, or sick leave (including emergency paid sick leave as also included in the law).
- After the first 10 days of leave, workers will receive ⅔ of their weekly earnings, capped at $200 per day/$10,000 total.
More information:
- For guidance from the U.S. Department of Labor on FFCRA, click here.
- For additional information from CWEALF’s national partners, A Better Balance, click here.

Federal Law: Coronavirus Aid, Relief and Economic Security Act (CARES)

The federal Coronavirus Aid, Relief and Economic Security Act (CARES) was signed into law on March 27, 2020. Please check CT DOL’s FAQ here daily for updates on the implementation of UI provisions in the CARES Act.

The CARES Act:
- Creates the Federal Pandemic Unemployment Compensation (FPUC) program to provide $600 per week, federally funded benefit increase through July 31, 2020 for recipients of PUA or Connecticut’s regular UI program. CTDOL began to process FPUC benefits on April 27, 2020. If you qualify for unemployment benefits, you will qualify FPUC as well. You will not have to apply separately for FPUC, instead, you will automatically qualify for the program. These payments will be retroactive that date back to all eligible weeks that were filed since March 29, 2020.
- Creates the Pandemic Unemployment Assistance (PUA) program to provide federally funded unemployment to workers who lose their jobs but are ineligible for Connecticut’s regular UI program, including workers who lack an extensive enough work history, are looking for part-time work, or have exhausted their regular Unemployment Insurance (UI) benefits. Workers can receive up to 39 weeks of PUA benefits until December 31, 2020. The PUA application is now available on CTDOL’s website with instructions on how to file. PUA payments will be taxable and the program will run from February 2, 2020 to December 26, 2020.
- Extends the maximum number of weeks of regular UI benefits. Workers eligible to receive Connecticut’s UI may receive an additional 13 weeks of federally funded extended benefits. Workers who exhaust those benefits can receive PUA benefits, but only as long as that program is in place.

More information:
- For up to date guidance and FAQ on the CARES Act, click here.
- For additional information from CTDOL on federal unemployment insurance stimulus programs, click here.
- For more information on the CARES Act, click here.

Additional resources on COVID-19:
- Frequently Asked Questions on the state of Connecticut’s actions related to COVID-19
- Access Health CT: New Special Enrollment Period in Response to COVID-19
- Center for Disease Control and Prevention: COVID-19 Frequently Asked Questions
- Children’s Bureau: COVID-19 Resources
- Connecticut Department of Social Services: DSS Response to COVID-19
- Connecticut Fair Housing Center: COVID-19 Related Fact Sheets & Information
- Hartford Courant: Coronavirus crisis resources in Connecticut
- IRS: Coronavirus Tax Relief
- National Alliance on Mental Illness: COVID-19 (Coronavirus) Information and Resources
- Public Utilities Regulatory Authority (PURA): PURA Directs Utilities to Cease Residential Shut-offs During COVID-19 Outbreak
- The Village: COVID-19 Resources
Contact: cwealf@cwealf.org
For legal assistance, contact CWEALF’s free Legal Education Information & Referral line: 860-524-0601 or contact us through email here.
¡Se habla español!